

Fasting and Prayer Unlocks Manifestations!

Text: Mark 9:29 *And he said unto them, This kind can come forth by nothing, but by prayer and fasting.*

Introduction: Jesus revealed the intimate supernatural life of God manifesting within Him to all. Through God's Love He healed, delivered, and forgave. Jesus then laid down His life as God's sacrificial lamb so that He would raise again from the dead in Resurrection Power **and raise you to manifest His life just as He did.** The next several weeks we will reveal The Expressions of Jesus' Life Within!

Today we begin our sell out for God to manifest His Promises.

Sunday March 12th we will begin a miraculous 21-day corporate fast ending on Palm Sunday, April 2nd.

Good Friday April 7th we step into the miracle night. Finally, the greatest work of God's Power – Resurrection Sunday April 12th Son-Rise at 6am and 10 am.

In a fast you may choose to not eat a meal or several meals a day. You may partake in a Daniel Fast where you eat no meats or sweet foods. Fasting vain information must also be engaged. Whatever you do in a fast do it heartily unto the Lord and in Jesus' Name. For the period of time of your fast, Isaiah 58:6-14 must be your priorities.

God has called us to consecrate a time of corporate fasting and prayer which shall birth supernatural results! Read - 2 Chronicles 20

- **God's Word reveals the same results from the Anointing and Fasting!**

Isaiah 58:6 *Is not this the fast that I have chosen?*

1. *To loose the bands of wickedness,*
2. *To undo the heavy burdens, and*
3. *To let the oppressed go free, and*
4. *That ye break every yoke?*

Compare to:

Isaiah 61:1 *The Spirit of the Lord GOD is upon me; because the LORD hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound; ² To proclaim the acceptable year of the LORD, and the day of vengeance of our God; to comfort all that mourn; ³ To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they might be called trees of righteousness, the planting of the LORD, that he might be glorified.*

**Isaiah 61:4 And they shall build the old wastes, they shall raise up the former desolations, and they shall repair the waste cities, the desolations of many generations.*

**Isaiah 58:12 And they that shall be of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell in.*

- **God's Chosen Fast - Isaiah 58:6-14**

⁶ *Is not this the fast that I have chosen?*

1. To loose the bands of wickedness,
2. To undo the heavy burdens, and
3. To let the oppressed go free, and
4. That ye break every yoke?

⁷ *Is it not to*

5. Deal thy bread to the hungry, and that thou
6. Bring the poor that are cast out to thy house?
7. When thou seest the naked, that thou cover him; and
8. That thou hide not thyself from thine own flesh? (Don't hide from your family)

⁸ Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy reward.

9. ⁹ Then shalt thou call, and the LORD shall answer; thou shalt cry, and he shall say, Here I am.

10. If thou take away from the midst of thee the yoke,

11. The putting forth of the finger, and

12. Speaking vanity;

13. ¹⁰ And if thou draw out thy soul to the hungry, and

14. Satisfy the afflicted soul;

15. then shall thy light rise in obscurity, and thy darkness be as the noonday:

¹¹ And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not. ¹² And they that shall be of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell

16. ¹³ If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, **(EVERY DAY IS HOLY UNTO THE LORD!)**

17. Not doing thine own ways,

18. Nor finding thine own pleasure,

19. Nor speaking thine own words:

20. Then shalt thou delight thyself in the LORD;

and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it.

- **Breakthroughs from long term strongholds –**

Mark 9:17 And one of the multitude answered and said, Master, I have brought unto thee my son, which hath a dumb spirit; ¹⁸ And wheresoever he taketh him, he teareth him: and he foameth, and gnasheth with his teeth, and pineth away: and I spake to thy disciples that they should cast him out; and they could not. ¹⁹ He answereth him, and saith, O faithless generation, how long shall I be with you? how long shall I suffer you? bring him unto me. ²⁰ And they brought him unto him: and when he saw him, straightway the spirit tare him; and he fell on the ground, and wallowed foaming. ²¹ And he asked his father, How long is it ago since this came unto him? And he said, Of a child. ²² And oftentimes it hath cast him into the fire, and into the waters, to destroy him: but if thou canst do any thing, have compassion on us, and help us. ²³ Jesus said unto him, If thou canst believe, all things are possible to him that believeth. ²⁴ And straightway the father of the child cried out, and said with tears, Lord, I believe; help thou mine unbelief. ²⁵ When Jesus saw that the people came running together, he rebuked the foul spirit, saying unto him, Thou dumb and deaf spirit, I charge thee, come out of him, and enter no more into him. ²⁶ And the spirit cried, and rent him sore, and came out of him: and he was as one dead; insomuch that many said, He is dead. ²⁷ But Jesus took him by the hand, and lifted him up; and he arose. ²⁸ And when he was come into the house, his disciples asked him privately, Why could not we cast him out? ²⁹ And he said unto them, This kind can come forth by nothing, but by prayer and fasting.

Matthew 6:6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly. **-teaching the Lord's Prayer -** ¹⁷ But thou, when thou fastest, anoint thine head, and wash thy face; ¹⁸ That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.

Worship God with your First-Fruits, Tithes, and offerings:

2 Corinthians 9:6 But this I say, He which soweth sparingly shall reap also sparingly; and he which soweth bountifully shall reap also bountifully. ⁷ **Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: for God loveth a cheerful giver.** ⁸ And God is able to make all grace abound toward you; **that ye, always having all sufficiency in all things, may abound to every good work:**