

## Prayer and Fasting Manifest Breakthroughs!

**Text: James 1:21 NLT** *So get rid of all the filth and evil in your lives, and humbly **accept the word God has planted in your hearts, for it has the power to save your souls.***

**2 Timothy 2:15** *Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.*

**Introduction: The Word of God empowers your faith to fulfill God's purpose on Earth. Now is the time to Work the Works of God!**

**John 14:12** *Verily, verily, I say unto you, **He that believeth on me, the works that I do shall he do also; and greater works than these shall he do;** because I go unto my Father.*

**1 John 3:8** *He that committeth sin is of the devil; for the devil sinneth from the beginning. **For this purpose the Son of God was manifested, that he might destroy the works of the devil.***

### 1. Use your faith

**Mark 11:22** *And Jesus answering saith unto them, **Have faith in God.***<sup>23</sup> *For verily I say unto you, That **whosoever shall say** unto this mountain, **Be thou removed, and be thou cast into the sea;** and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.*

<sup>24</sup> *Therefore I say unto you, What things soever ye desire, **when ye pray, believe that ye receive them, and ye shall have them.***

### 2. Stop the enemy in Jesus' Name

**Ephesians 6:10** *Finally, my brethren, **be strong in the Lord, and in the power of his might.***<sup>11</sup> *Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.*<sup>12</sup> ***For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.***<sup>13</sup> *Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.*

**Mark 9:29** *And he said unto them, This kind can come forth by nothing, but by prayer and fasting.*

### 2. Pray and Fast

**Matthew 6:6** *But thou, **when thou prayest,** enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which **seeth in secret shall reward thee openly.** -the Lord's Prayer – (Read and study Jesus' teaching v7 – v16)*

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<sup>17</sup> *But thou, **when thou fastest,** anoint thine head, and wash thy face; <sup>18</sup> That thou appear not unto men to fast, but unto thy Father which is in secret: and **thy Father, which seeth in secret, shall reward thee openly.***

- **Prayer**

**Philippians 4:6** ***Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.***<sup>7</sup> *And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.*

- **God's Chosen Fast – Fast food and information! Spiritual Warfare: 1-4**

- **Serve those in need: 5-7**

- **Serve your family: 8**

- **Chill the attitude and remove vanity: 9-11**

- **Pour out yourself to others: 12, 13**

- **Daily please God: 14**

- **Don't live life your way: 15-17**

**Isaiah 58:6-14**

<sup>6</sup> ***Is not this the fast that I have chosen?***

### Spiritual Warfare:

1. To loose the bands of wickedness,
2. To undo the heavy burdens, and

3. To let the oppressed go free, and
4. That ye break every yoke?

<sup>7</sup> ***Is it not to***

**Serving those in need:**

5. Deal thy bread to the hungry, and that thou
6. Bring the poor that are cast out to thy house?
7. When thou seest the naked, that thou cover him; and

**Serve your family:**

8. That thou hide not thyself from thine own flesh? (Don't hide from your family)

<sup>8</sup> *Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy reward.* <sup>9</sup> **Then shalt thou call, and the LORD shall answer; thou shalt cry, and he shall say, Here I am.**

**Chill the attitude and remove vanity:**

9. If thou take away from the midst of thee the yoke,
10. The putting forth of the finger, and
11. Speaking vanity;

**Pour out yourself to others:**

12. <sup>10</sup> And if thou draw out thy soul to the hungry, and
13. Satisfy the afflicted soul;

*then shall thy light rise in obscurity, and thy darkness be as the noonday: <sup>11</sup> And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.<sup>12</sup> And they that shall be of thee shall build the old waste places: thou shalt raise up the foundations of many generations; and thou shalt be called, The repairer of the breach, The restorer of paths to dwell*

**Daily please God:**

14. <sup>13</sup> ***If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, (EVERY DAY IS HOLY UNTO THE LORD)***

**Don't live life your way:**

15. Not doing thine own ways,
16. Nor finding thine own pleasure,
17. Nor speaking thine own words:

*Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it.*

**3. Prove God's Will**

**Romans 12:1** *I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.* <sup>2</sup> *And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.*

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**Worship God through your First-Fruits, Tithes and Offerings: Prove God with your tithes –**

**Malachi 3:10** *Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the LORD of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it. <sup>11</sup> And I will rebuke the devourer for your sakes, and he shall not destroy the fruits of your ground; neither shall your vine cast her fruit before the time in the field, saith the LORD of hosts. <sup>12</sup> And all nations shall call you blessed: for ye shall be a delightsome land, saith the LORD of hosts.*