

Daily Gratitude Produces a Lifetime of Joy

Text: 1 Thessalonians 5:18 *In everything give thanks: for this is the will of God in Christ Jesus concerning you.*

Introduction: When you consciously decide to turn the reactions into Gratitude you plant seeds for a future of Blessings and Joy!

The renewed mind with a harnessed tongue reaps a lifetime of Blessings and JOY!

Galatians 6:7 *Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.* ⁸ *For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.* ⁹ *And let us not be weary in well doing: for in due season we shall reap, if we faint not.*

Today intentionally write down three things that you are grateful for:

1. Gratitude for God's Grace
2. Gratitude for people
3. Gratitude for circumstances
4. Gratitude renews your mind
5. Gratitude Journaling

1. Gratitude for God's Grace

Psalms 100:4 *Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name.* ⁵ *For the LORD is good; his mercy is everlasting; and his truth endureth to all generations.*

James 1:17 *Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.* ¹⁸ *Of his own will begat he us with the word of truth, that we should be a kind of firstfruits of his creatures.* ¹⁹ *Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath:*

Colossians 3:15 *And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.* ¹⁶ *Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.* ¹⁷ *And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him.*

2. Gratitude for people

Philippians 1:3 *I thank my God upon every remembrance of you,* ⁴ *always in every prayer of mine making request for you all with joy,* ⁵ *for your fellowship in the gospel from the first day until now,* ⁶ *being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ;*

Romans 1:8 *First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world.*

- Decree the full benefits of Grace to every person

John 20:23 *Whose soever sins ye remit, they are remitted unto them; and whose soever sins ye retain, they are retained.*

- Steer relationships with gratitude

James 3:1-18 (NLT) {turn in your Bible}

3. Gratitude for circumstances

- Everything works for you!

Romans 8:28 *And we know that all things work together for good to them that love God, to them who are the called according to his purpose.*

- Speak God's Word not circumstances

2 Corinthians 4:13 *We having the same spirit of faith, according as it is written, I believed, and therefore have I spoken; we also believe, and therefore speak;* ¹⁴ *Knowing that he which raised up the Lord Jesus shall raise up us also by*

Jesus, and shall present us with you. ¹⁵ **For all things are for your sakes, that the abundant grace might through the thanksgiving of many redound to the glory of God.** ¹⁶ For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day. ¹⁷ **For our light affliction, which is but for a moment, worketh for us a far more exceeding and eternal weight of glory;**

4. Gratitude renews your mind

1 Thessalonians 5:18 *In everything give thanks: for this is the will of God in Christ Jesus concerning you.*

Romans 12:2 *And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.*

- End categorical statements such as “They always and never” , “I hope they get a taste of their own medicine”, or “What comes around goes around” etc.

5. Gratitude Journaling

- **Daily Structure:**

People: Who did you bless today?

Circumstances: What challenge revealed God’s grace?

Attitude: What mindset shift did you experience?

- **Scripture Reflection:** Include a verse that speaks to your gratitude.
 - **Prayer of Thanks:** End each entry with a short prayer.
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Worship God through your First-Fruits, Tithes, Alms, and Sacrifices ----- With Thanksgiving!

2 Corinthians 9:6 (AMP) *Now [remember] this: he who sows sparingly will also reap sparingly, and he who sows generously [that blessings may come to others] will also reap generously [and be blessed]. ⁷ Let each one give [thoughtfully and with purpose] just as he has decided in his heart, not grudgingly or under compulsion, **for God loves a cheerful giver [and delights in the one whose heart is in his gift].** ⁸ And God is able to make all grace [every favor and earthly blessing] come in abundance to you, so that you may always [under all circumstances, regardless of the need] have complete sufficiency in everything [being completely self-sufficient in Him], and have an abundance for every good work and act of charity. ⁹ As it is written and forever remains written, “He [the benevolent and generous person] scattered abroad, he gave to the poor; His righteousness endures forever!” ¹⁰ Now He who provides seed for the sower and bread for food will provide and multiply your seed for sowing [that is, your resources] and increase the harvest of your righteousness [which shows itself in active goodness, kindness, and love]. ¹¹ You will be enriched in every way so that you may be generous, and this [generosity, administered] through us is producing thanksgiving to God [from those who benefit]. ¹² For the ministry of this service (offering) is not only supplying the needs of the saints (God’s people), but is also overflowing through many expressions of thanksgiving to God. ¹³ Because of this act of ministry, they will glorify God for your obedience to the gospel of Christ which you confess, as well as for your generous participation [in this gift] for them and for all [the other believers in need], ¹⁴ and they also long for you while they pray on your behalf, because of the surpassing measure of God’s grace [His undeserved favor, mercy, and blessing which is revealed] in you. ¹⁵ Now thanks be to God for His indescribable gift [which is precious beyond words]!*

Heart for Humanity Praise Report!

- 355 families were served with 43 new families!
- We had to split in half the portions as we ran out of canned goods!
- The USDA only has 1 week of food not the 4 weeks needed. Our delivery is 11/26/25.
- Saturday we bought 400 turkeys \$1.3 per lb @ 10-15 lbs for over \$6,500. Last year we paid .37 per pound
- Cost per box Thanksgiving Box is over \$30 each.
- We had to close our Thanksgiving site except for Victory people. So, if you are in need today please sign up!