VICTORY
CHRISTIAN FELLOWSHIP

THANK YOU, LORD

NEVER FORGET: Growing a Grateful Heart • November 2026

"Let all that I am praise the LORD; may I never forget the good things he does for me." Psalm 103:2 (NLT)

EVERY DAY (about 1 minute)

Once a day, say out loud:

"Thank You, Lord, for _____."

Pick a time: when you wake up, at a meal, or at bedtime.

ONE SMALL STEP EACH WEEK

Check a box each day you said thank you (optional).

When	This week's step	Days (November)						
Week 1	Thank God for one thing He has done. Say what it is.	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐	6 ☐	7 ☐
Week 2	Thank one person who helped you. Visit, call, or text.	8 ☐	9 ☐	10 ☐	11 ☐	12 ☐	13 ☐	14 ☐
Week 3	In a hard moment, say one thank-you anyway.	15 ☐	16 ☐	17 ☐	18 ☐	19 ☐	20 ☐	21 ☐
Week 4	Thank God with family or a friend at a meal.	22 ☐	23 ☐	24 ☐	25 ☐	26 ☐	27 ☐	28 ☐

SUNDAY, NOVEMBER 29: Come to church and bring a friend. If you want, share one short thank-you. One sentence is enough.

If you like to write, jot it down. You do not have to. **Saying it out loud is enough.**

Name (optional): _____

"Up to this point the LORD has helped us!" 1 Samuel 7:12 (NLT)

Victory Christian Fellowship · 100 Wilton Blvd., New Castle, DE 19720
www.victoryexperience.com · 302-324-5400
Instagram @thevictoryexperience · Facebook: Victory Christian Fellowship
© 2026 Victory Christian Fellowship. All rights reserved.